

# **LANGLEY BASEBALL ASSOCIATION**

## **RETURN TO SPORT**

### **GUIDELINES**



**Langley Baseball Association**

**Box 355**

**47 – 20821 Fraser Highway**

**Langley, B.C. V3A 0B6**

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# Facility Access and Use

## 1. Fields

- a) Langley Baseball will use the following parks:

City Park, located at 20577 – 20605 48 Avenue, Langley, B.C.

Condor Park located at 19850 50 Avenue, Langley, B.C.

Various Langley City Parks as required

## 2. Restricted Access

- a) Langley Baseball will limit access to areas that are essential for baseball use for participants, coaches, safety personnel, and facility staff. Arrows will be marked on the ground for one-way access at City Park.
- b) 2 Meter social distancing is still encouraged outside the field of play. Physical distancing not required on the field of play, including dugout area.

## 3. Arrival and Departure

- a) Langley Baseball will notify parents and participants of designated drop off and pick up locations for the participants depending on location in which their activity will commence.

This will be 1 of 2 parking locations at City Park:

- Parking Lot of Blacklock Elementary if using the Jalaad Diamond or Barbour Diamond.
- Parking Lot near Al Anderson Memorial Pool if using the Eng Diamond, Cooke Diamond and Blastball temporary diamonds.

Designated parking areas at City Park:



- b) Participants will be provided with a time to arrive. It is strongly enforced that participants do not arrive sooner than 5-10 minutes before their scheduled arrival time.
- c) At the end of the participants schedule activity, participants should immediately leave the park. Participants will follow directional arrows to leave.
- d) Scheduled times for activity will be staged to account for participants, coaches and staff coming and leaving the park and baseball diamonds.

### 3. Points of Access/Use of Equipment

- a) Entry and exit locations to the park will be marked with arrows. Participants are to follow the arrows towards the diamonds. This will encourage one-way traffic when entering and exiting the field and park.
- b) The following areas and equipment will be restricted to use as follows:
  - Equipment Storage Areas – restricted to use of Coaches or personnel only.

## **4. Registration**

- a) All participants will be required to pre register in order to attend. Registration is to take place online.
- b) No drop in's will be allowed.
- c) Each participant will be required to read and sign a Covid-19 waiver. This document is to be signed by a legal parent or guardian prior to commencing any activity.
- d) All Coaches/Assistant Coaches are required to be fully vaccinated in order to coach at Langley Baseball. Proof of vaccination must be given at the time of applying to coach.

# **Facility Operations**

## **1. Safety Plan**

Langley Baseball will develop a Covid-19 Safety plan that is to be adhered to at all times.

Please see separate Covid-19 Safety Plan.

- a) Each "team" will be required to appoint a team parent.
- b) All participants equipment and water bottles are to be placed in an equipment bag that will be sealed when away from the bag. Water bottles are to be kept in each participants bag at all times.

## **2. Cleaning Protocols**

- a) Washroom door handles will be wiped down at 3-4 times a day.
- b) Toilets, stall doors, door handles and locks, garbage cans, hand dryers, paper dispensers and soap dispensers will be cleaned 3-4 times a day.
- c) Hand sanitizer stations will be easily accessible for participants, coaches and staff. All participants are required to have their own hand sanitizer at all times and this hand sanitizer is to not be shared with anyone.
- d) Field clean up – Team parent can assign 2 parents to help with field cleanup every practice/game.

# **Participants**

## **1. Health of Participants**

- a) Zero tolerance policy for "playing when sick" – all participants are asked to not participate if they are showing any symptoms of illness including:
  - Not feeling well or are displaying symptoms of Covid-19
  - Someone in their household has Covid-19 or is showing symptoms of Covid-19
  - Has travelled outside of Canada within the last 14 days
  - Someone in their household has travelled outside of Canada within the last 14 days.
- b) All participants will be required to have a legal guardian read, accept and sign a Covid-19 waiver.

This waiver acknowledges they have read the guidelines and understand the risk before participating.

- c) Langley Baseball will implement enhanced hygiene protocols:
  - Frequent and proper handwashing
  - Avoid touching eyes, nose and mouth
  - Cough into your sleeve
- d) Illness Policy will be in place for all participants, coaches, staff and spectators/visitors. See attached Appendix 1.

## **Sport Programming**

### **1. Activity Type**

- a) Equipment is strongly encouraged to not be shared. If it is to be shared, it will be sanitized in between usage.

### **2. Game Play**

- a) Baseball programming is able to return to traditional programming provided all PHO guidelines are met.
- b) Physical distancing not required on the field of play, including dugout area.
- c) In-club play must follow the protocols laid out by the PHO.
- d) Langley Baseball will ensure all Covid protocols are followed by all participants.
- e) Players and coaches may not approach any official to discuss or argue any call. They may ask for a count from their appropriate bench or on field location.
- f) No post game handshakes.
- g) Umpires may require some time to adjust to traditional positioning mechanics or will elect to continue with the modified mechanics based on the training they received in preparation for 2021. Return to traditional positioning is not a mandated change and some officials who do not yet feel safe about returning to working behind the catcher, may elect to continue with the modified positioning.

### **3. Outside League Play/Tournament Play**

- a) All participants and outside leagues attending City Park, Condor Park or any other parks used by Langley Baseball will follow all Langley Baseball Covid-19 protocols in place and are responsible for reviewing and accepting the Langley Baseball Return to Play Guidelines.
- b) Langley Baseball will allow 30 minutes of empty park time in between scheduled events to allow for all coaches, players, umpires, safety personnel and spectators to exit the park before the next groups arrive.

## 4. Equipment

- a) Where possible, it is encouraged that equipment is not shared between individuals. If equipment is to be shared, it will be sanitized in between usage.
- b) Participants are asked to bring their own water bottles. Water bottles are to be placed in participants sealed bag at all times.
- c) Coaches are to come prepared with their own practice plans, equipment and avoid sharing with other coaches if possible. If a coach needs shared equipment, it is agreed that the equipment will be sanitized each time it is used before an after.
- d) Langley Baseball will assign 2 Individuals to be responsible for all set up and 2 Individuals take down of equipment to reduce the number of contact points.
- e) Each coach in the equipment bag, will have hand sanitizer and sanitary wipes.

## Emergency Response

### 1. First Aid

- a) Each coach will have a first aid kit on hand at all times. First Aid kit includes PPE equipment including mask, safety glasses, gloves, disposable coveralls and a mask for injured participant.

Medical Health Officer Contacts as follows:

Dr. Martin Lavoie	<a href="mailto:Martin.lavoie@fraserhealth.ca">Martin.lavoie@fraserhealth.ca</a>	604-587-7896
Dr. Mark Bigham	<a href="mailto:mark.bigham@fraserhealth.ca">mark.bigham@fraserhealth.ca</a>	604-542-4050
Dr. Elizabeth Brodtkin	<a href="mailto:elizabeth.brodtkin@fraserhealth.ca">elizabeth.brodtkin@fraserhealth.ca</a>	604-587-4483 Ext: 765730
Dr. Shovita Padhi	<a href="mailto:shovita.padhi@fraserhealth.ca">shovita.padhi@fraserhealth.ca</a>	604-930-5404 Ext: 765762
Dr. Andrew Larder	<a href="mailto:andrew.larder@fraserhealth.ca">andrew.larder@fraserhealth.ca</a>	604-587-7875
Dr. Ingrid Tyler	<a href="mailto:Ingrid.tyler@fraserhealth.ca">Ingrid.tyler@fraserhealth.ca</a>	604-587-7890
Dr. Alex Choi	<a href="mailto:alex.choi@fraserhealth.ca">alex.choi@fraserhealth.ca</a>	604-587-7892
Dr. Aamir Bharmal	<a href="mailto:Aamir.Bharmal@fraserhealth.ca">Aamir.Bharmal@fraserhealth.ca</a>	604-930-5404 Ext: 768446

### 2. Outbreak Plan (see appendix 2)

- a) Langley Baseball will assign roles and responsibilities of staff and volunteers if a case or outbreak is reported.
- b) If Langley Baseball staff or a participant reports they are suspected or confirmed to have Covid-19, enhanced cleaning measures will be undertaken immediately.
- c) Infected individuals will be asked to self isolate, monitor their symptoms daily, report respiratory illness and not return to any activity for at least 14 days following the onset of fever, chills, cough, shortness of breath, sore throat and painful swallowing, stuffy or runny nose, loss of sense of smell, headache, muscle aches, fatigue and loss of appetite.
- d) If there is a suspected case or outbreak, Langley Baseball will immediately report and discuss the suspected outbreak with the Medical Health Officer at our local health authority.